

SEPTEMBER 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|---|----------------------------------|------------------------------|------------------------------|-----|
| 1 | 2 | 3 Spin & Yoga 12-1pm | 4 Bootcamp 12-1pm | 5 Step 12-1pm | 6 Yoga 12-1pm | 7 |
| 8 | 9 | 10 Spin & Yoga 12-1pm | 11 Bootcamp 12-1pm | 12 Step 12-1pm | 13 Yoga 12-1pm | 14 |
| 15 | 16 | 17 Spin & Yoga 12-1pm | 18 Bootcamp 12-1pm | 19 Step 12-1pm | 20 Yoga 12-1pm | 21 |
| 22 | 23 | 24 Spin & Yoga 12-1pm | 25 Bootcamp 12-1pm | 26 Step 12-1pm | 27 Yoga 12-1pm | 28 |
| 29 | 30 | | | | | |