

February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Step & Spin 12-1pm	2 Yoga 12-1pm	3
4	5 Cardio 12-1pm	6 Spin & Yoga 12-1pm	7 Boot-Camp 12-1pm	8 Step & Spin 12-1pm	9 Yoga 12-1pm	10
11	12 Cardio 12-1pm	13 Spin & Yoga 12-1pm	14 Boot-Camp 12-1pm	15 Step & Spin 12-1pm	16 Yoga 12-1pm	17
18	19 Cardio 12-1pm	20 Spin & Yoga 12-1pm	21 Boot-Camp 12-1pm	22 Step & Spin 12-1pm	23 Yoga 12-1pm	24
25	26 Cardio 12-1pm	27 Spin & Yoga 12-1pm	28 Boot-Camp 12-1pm			