

SEPTEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Cardio 12-1pm	4 Spin & Yoga 12-1pm	5 Boot-Camp 12-1pm	6 Step 12-1pm	7 Yoga 12-1pm	8
9	10 Cardio 12-1pm	11 Spin & Yoga 12-1pm	12 Boot-Camp 12-1pm	13 Step 12-1pm	14 Yoga 12-1pm	15
16	17 Cardio 12-1pm	18 Spin & Yoga 12-1pm	19 Boot-Camp 12-1pm	20 Step 12-1pm	21 Yoga 12-1pm	22
23	24 Cardio 12-1pm	25 Spin & Yoga 12-1pm	26 Spin & Yoga 12-1pm	27 Spin & Yoga 12-1pm	28 Yoga 12-1pm	29
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